



**HeartLife**<sup>™</sup>  
Growing heart in community

**HeartLife Styles scriptures**



## Introduction

One could include the entire Bible in this document for us to learn how to get our hearts right with God to live the life He intended for us. This document's purpose is to help those wanting to learn more about the HeartLife behaviour Styles from a scriptural perspective. We have chosen short references. There are many great stories and examples in scripture for you to discover your own. Have fun on the journey!

Most scriptures referenced, unless otherwise noted, were taken from the New King James Version (NKJV) of the Bible.

## Scriptures on the heart

The word heart or hearts is mentioned 911 times in the Kings James Bible. Here are a few key scriptures mentioning the importance of the heart and keeping the heart pure.

- **Proverbs 20:27** The spirit of a man is the lamp of the Lord, searching all the inner depths of his heart.
- **Luke 6:45** For out of the abundance of the heart his mouth speaks.
- **Proverbs 23:7** As he thinks in his heart, so is he.
- **Proverbs 4:23** Keep your heart with all diligence, for out of it spring the issues of life.
- **Proverbs 12:25** Anxiety in the heart of man causes depression...
- **Proverbs 14:14** The backslider in heart will be filled with his own ways...
- **Ephesians 1:18** The eyes of your heart being enlightened; that you may know the hope of His calling...
- **Psalms 51:10** Create in me a clean heart, O God and renew a steadfast spirit within me.
- **Hebrews 10:22** Let us draw near with a true heart ...having our hearts sprinkled from an evil conscience...



## Authentic scriptures

- **Joshua 1:9** Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the LORD your God is with you wherever you go.”
- **Proverbs 10:9** He who walks with integrity walks securely, but he who perverts his ways will become known.
- **Proverbs 11:3** The integrity of the upright will guide them, but the perversity of the unfaithful will destroy them.
- **Ephesians 4:14-15** That we should no longer be children, tossed to and fro and carried about with every wind of doctrine, by the trickery of men, in the cunning craftiness of deceitful plotting, but, speaking the truth in love, may grow up in all things into Him who is the head—Christ.
- **Galatians 4:16** Have I therefore become your enemy because I tell you the truth?
- **Proverbs 8:6-9** Listen, for I will speak of excellent things, And from the opening of my lips will come right things; For my mouth will speak truth; Wickedness is an abomination to my lips. All the words of my mouth are with righteousness; Nothing crooked or perverse is in them. They are all plain to him who understands, And right to those who find knowledge.
- **Philippians 2:12** Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling;
- **Philippians 4:4** Rejoice in the Lord always. Again I will say, rejoice!
- **Philippians 4:11** Not that I speak in regard to need, for I have learned in whatever state I am, to be content:
- **1 Peter 2:9** But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light;
- **Philippians 4:6** Be anxious for nothing, but in everything be made known to God;

## Transforming scriptures

- **Romans 12:2** And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.
- **Psalms 51:10** Create in me a clean heart, O God, And renew a steadfast spirit within me.
- **Isaiah 40:31** But those who wait on the LORD, Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.
- **2 Corinthians 4:6** Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man is being renewed day by day.
- **Ephesians 4:20-24** But you have not so learned Christ, if indeed you have heard Him and have been taught by Him, as the truth is in Jesus: that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts, and be renewed in the spirit of your mind, and that you put on the new man which was created according to God, in true righteousness and holiness.
- **Colossians 3:8-11** But now you yourselves are to put off all these: anger, wrath, malice, blasphemy, filthy language out of your mouth. Do not lie to one another, since you have put off the old man with his deeds, and have put on the new man who is renewed in knowledge according to the image of Him who created him, where there is neither Greek nor Jew, circumcised nor uncircumcised, barbarian, Scythian, slave nor free, but Christ is all and in all.



## Reliable scriptures

- **Philippians 4:8** Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.
- **1 Thessalonians 4:11-12** That you also aspire to lead a quiet life, to mind your own business, and to work with your own hands, as we commanded you, that you may walk properly toward those who are outside, and that you may lack nothing.
- **Galatians 6:4-5** But let each one examine his own work, and then he will have rejoicing in himself alone, and not in another. For each one shall bear his own load.
- **Matthew 5:37** But let your 'Yes' be 'Yes,' and your 'No,' 'No.' For whatever is more than these is from the evil one.

## Achieving scriptures

- **James 1:22-24** But be doers of the word, and not hearers only, deceiving yourselves. For if anyone is a hearer of the word and not a doer, he is like a man observing his natural face in a mirror; for he observes himself, goes away, and immediately forgets what kind of man he was.
- **2 Timothy 2:15** Study to show thyself approved unto God, a workman that needs not to be ashamed, rightly dividing the word of truth. KJV
- Luke 11:9 "So I say to you, ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.
- **2 Thessalonians 3:8** Nor did we eat anyone's bread free of charge, but worked with labor and toil night and day, that we might not be a burden to any of you, not because we do not have authority, but to make ourselves an example of how you should follow us.
- **Proverbs 13:4** Lazy people want much but get little, but those who work hard will prosper and be satisfied. NLT
- **Proverbs 10:26** Lazy people are a pain to their employer. They are like smoke in the eyes or vinegar that sets the teeth on edge. NLT
- **Philippians 3:12-16** Not that I have already attained, or am already perfected; but I press on, that I may lay hold of that for which Christ Jesus has also laid hold of me. Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus. Therefore let us, as many as are mature, have this mind; and if in anything you think otherwise, God will reveal even this to you. Nevertheless, to the degree that we have already attained, let us walk by the same rule, let us be of the same mind.



## Relating scriptures

- **Matthew 5:22-25** But I say, if you are angry with someone, you are subject to judgment! If you call someone an idiot, you are in danger of being brought before the high council. And if you curse someone, you are in danger of the fires of hell."So if you are standing before the altar in the Temple, offering a sacrifice to God, and you suddenly remember that someone has something against you, leave your sacrifice there beside the altar. Go and be reconciled to that person. Then come and offer your sacrifice to God. Come to terms quickly with your enemy before it is too late and you are dragged into court, handed over to an officer, and thrown in jail. NLT
- **Ephesians 4:32** And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.
- **Hebrews 10:24-25** And let us consider one another in order to stir up love and good works, not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching.
- **John 13:34-35** A new commandment I give to you, that you love one another; as I have loved you, that you also love one another. By this all will know that you are My disciples, if you have love for one another.
- **John 15:12-15** This is My commandment, that you love one another as I have loved you. Greater love has no one than this, than to lay down one's life for his friends. You are My friends if you do whatever I command you. No longer do I call you servants, for a servant does not know what his master is doing; but I have called you friends, for all things that I heard from My Father I have made known to you.
- **1 John 4:7-11** Beloved, let us love one another, for love is of God; and everyone who loves is born of God and knows God. He who does not love does not know God, for God is love. In this the love of God was manifested toward us, that God has sent His only begotten Son into the world, that we might live through Him. In this is love, not that we loved God, but that He loved us and sent His Son to be the propitiation for our sins. Beloved, if God so loved us, we also ought to love one another.
- **Philippians 2:1-4** Therefore if there is any consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any affection and mercy, fulfill my joy by being likeminded, having the same love, being of one accord, of one mind. Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. Let each of you look out not only for his own interests, but also for the interests of others.
- **Colossians 3:12-13** Therefore, as the elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering; 13 bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do.
- **Romans 12:4-6** For as we have many members in one body, but all the members do not have the same function, 5 so we, being many, are one body in Christ, and individually members of one another. Having then gifts differing according to the grace that is given to us, let us use them: if prophecy, let us prophesy in proportion to our faith.



## Encouraging scriptures

- **Romans 1:11-12** For I long to see you, that I may impart to you some spiritual gift, so that you may be established — that is, that I may be encouraged together with you by the mutual faith both of you and me.
- **1 Corinthians 14:31** For you can all prophesy one by one, that all may learn and all may be encouraged.
- **Ephesians 6:21-22** But that you also may know my affairs and how I am doing, Tychicus, a beloved brother and faithful minister in the Lord, will make all things known to you; whom I have sent to you for this very purpose, that you may know our affairs, and that he may comfort your hearts.
- **Colossians 2:1-3** For I want you to know what a great conflict I have for you and those in Laodicea, and for as many as have not seen my face in the flesh that their hearts may be encouraged, being knit together in love, and attaining to all riches of the full assurance of understanding, to the knowledge of the mystery of God, both of the Father and of Christ, in whom are hidden all the treasures of wisdom and knowledge.
- **Colossians 4:8** Tychicus, a beloved brother, faithful minister, and fellow servant in the Lord, will tell you all the news about me. I am sending him to you for this very purpose, that he may know your circumstances and comfort your hearts.
- **1 Thessalonians 3:1-3** Therefore, when we could no longer endure it, we thought it good to be left in Athens alone, and sent Timothy, our brother and minister of God, and our fellow laborer in the gospel of Christ, to establish you and encourage you concerning your faith, that no one should be shaken by these afflictions; for you yourselves know that we are appointed to this.
- **2 Thessalonians 2:16-17** Now may our Lord Jesus Christ Himself, and our God and Father, who has loved us and given us everlasting consolation and good hope by grace, comfort your hearts and establish you in every good word and work.
- **Matthew 3:17** And suddenly a voice came from heaven, saying, "This is My beloved Son, in whom I am well pleased."
- **Romans 14:19** Therefore let us pursue the things which make for peace and the things by which one may edify another.

## Developing scriptures

- **Ephesians 4:29** Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers.
- **Colossians 3:16-17** Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord. 17 And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God the Father through Him.
- **Matthew 18:15-17** Moreover if your brother sins against you, go and tell him his fault between you and him alone. If he hears you, you have gained your brother. But if he will not hear, take with you one or two more, that 'by the mouth of two or three witnesses every word may be established.' And if he refuses to hear them, tell it to the church. But if he refuses even to hear the church, let him be to you like a heathen and a tax collector.
- **Philippians 2:4** Let each of you look out not only for his own interests, but also for the interests of others.
- **Galatians 2:11** When Peter came to Antioch, I opposed him to his face, because he was clearly in the wrong. NIV



## Compassionate scriptures

- **Psalms 78:38** But He, being full of compassion, forgave their iniquity, And did not destroy them. Yes, many a time He turned His anger away, And did not stir up all His wrath;
- **Mark 5:19** However, Jesus did not permit him, but said to him, "Go home to your friends, and tell them what great things the Lord has done for you, and how He has had compassion on you.
- **Jude 1:22-23** And on some have compassion, making a distinction; but others save with fear, pulling them out of the fire, hating even the garment defiled by the flesh.
- **Galations 6:1-2** Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted. Bear one another's burdens, and so fulfill the law of Christ.
- **Matthew 9:36** But when He saw the multitudes, He was moved with compassion for them, because they were weary and scattered, like sheep having no shepherd.
- **Matthew 14:14** And when Jesus went out He saw a great multitude; and He was moved with compassion for them, and healed their sick.

## Sarcastic scriptures

- **Proverbs 22:10** Cast out the scoffer, and contention will leave; Yes, strife and reproach will cease.
- **Romans 14:13** Therefore let us not judge one another anymore, but rather resolve this, not to put a stumbling block or a cause to fall in our brother's way.
- **2 Timothy 2:23-26** Again I say, don't get involved in foolish, ignorant arguments that only start fights. The Lord's servants must not quarrel but must be kind to everyone. They must be able to teach effectively and be patient with difficult people. They should gently teach those who oppose the truth. Perhaps God will change those people's hearts, and they will believe the truth. Then they will come to their senses and escape from the devil's trap. For they have been held captive by him to do whatever he wants. NLT
- **Matthew 7:1-2** Judge not, that you be not judged. For with what judgment you judge, you will be judged; and with the measure you use, it will be measured back to you.
- **Proverbs 18:2** A fool finds no pleasure in understanding but delights in airing his own opinions. NIV
- **Romans 2:1** Therefore you are inexcusable, O man, whoever you are who judge, for in whatever you judge another you condemn yourself; for you who judge practice the same things.
- **Galations 5:15** But if you bite and devour one another, beware lest you be consumed by one another!
- **1 Corinthians 16:9-10** For a great and effective door has opened to me, and there are many adversaries. And if Timothy comes, see that he may be with you without fear; for he does the work of the Lord, as I also do.



## Competitive scriptures

- **Ephesians 2:8-9** For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast.
- **2 Timothy 3:1-5** But know this, that in the last days perilous times will come: For men will be lovers of themselves, lovers of money, boasters, proud, blasphemers, disobedient to parents, unthankful, unholy, unloving, unforgiving, slanderers, without self-control, brutal, despisers of good, traitors, headstrong, haughty, lovers of pleasure rather than lovers of God, having a form of godliness but denying its power.
- **Philippians 1:15-18** Some indeed preach Christ even from envy and strife, and some also from goodwill: The former preach Christ from selfish ambition, not sincerely, supposing to add affliction to my chains; but the latter out of love, knowing that I am appointed for the defense of the gospel. What then? Only that in every way, whether in pretense or in truth, Christ is preached; and in this I rejoice, yes, and will rejoice.
- **Philippians 2:3-4** Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. Let each of you look out not only for his own interests, but also for the interests of others.
- **Mark 9:33-35** Then He came to Capernaum. And when He was in the house He asked them, "What was it you disputed among yourselves on the road?" But they kept silent, for on the road they had disputed among themselves who would be the greatest.
- **Luke 9:46** Then a dispute arose among them as to which of them would be greatest.
- **Galatians 5:26** Let us not become conceited, provoking one another, envying one another.
- **Galatians 6:14** But God forbid that I should boast except in the cross of our Lord Jesus Christ, by whom the world has been crucified to me, and I to the world. From Cain and Abel, the firstborn of Adam and Eve competitiveness rose up and Cain killed his brother.

## Controlling scriptures

- **Proverbs 16:18-19** Pride goes before destruction, And a haughty spirit before a fall. Better to be of a humble spirit with the lowly, Than to divide the spoil with the proud.
- **Luke 12:15** And He said to them, "Take heed and beware of covetousness, for one's life does not consist in the abundance of the things he possesses."
- **James 3:14-16** But if you have bitter envy and self-seeking in your hearts, do not boast and lie against the truth. This wisdom does not descend from above, but is earthly, sensual, demonic. For where envy and self-seeking exist, confusion and every evil thing are there.
- **Galatians 6:3** For if anyone thinks himself to be something, when he is nothing, he deceives himself.
- **Mark 10:37-41** They said to Him, "Grant us that we may sit, one on Your right hand and the other on Your left, in Your glory." But Jesus said to them, "You do not know what you ask. Are you able to drink the cup that I drink, and be baptized with the baptism that I am baptized with?" They said to Him, "We are able." So Jesus said to them, "You will indeed drink the cup that I drink, and with the baptism I am baptized with you will be baptized; but to sit on My right hand and on My left is not Mine to give, but it is for those for whom it is prepared." And when the ten heard it, they began to be greatly displeased with James and John.
- **Luke 9:54-55** And when His disciples James and John saw this, they said, "Lord, do You want us to command fire to come down from heaven and consume them, just as Elijah did?" But He turned and rebuked them, and said, "You do not know what manner of spirit you are of."



## Striving scriptures

- **Galatians 3:3** Are you so foolish? Having begun in the Spirit, are you now being made perfect by the flesh?
- **Ephesians 2:8-9** For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast.
- **Romans 10:3** For they being ignorant of God's righteousness, and seeking to establish their own righteousness, have not submitted to the righteousness of God.
- **Philippians 3:8-9** Yet indeed I also count all things loss for the excellence of the knowledge of Christ Jesus my Lord, for whom I have suffered the loss of all things, and count them as rubbish, that I may gain Christ and be found in Him, not having my own righteousness, which is from the law, but that which is through faith in Christ, the righteousness which is from God by faith;
- **Philippians 4:6** Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God.
- **Proverbs 16:2-3** All the ways of a man are pure in his own eyes, But the LORD weighs the spirits. Commit your works to the LORD, And your thoughts will be established.
- **Luke 12:22** Then He said to His disciples, "Therefore I say to you, do not worry about your life, what you will eat; nor about the body, what you will put on.
- **1 Peter 5:6-7** Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, casting all your care upon Him, for He cares for you.
- **Psalms 37:5** Commit your way to the LORD, Trust also in Him, And He shall bring it to pass.
- **Luke 12:11-12** Now when they bring you to the synagogues and magistrates and authorities, do not worry about how or what you should answer, or what you should say. For the Holy Spirit will teach you in that very hour what you ought to say.

## Approval Seeking scriptures

- **Matthew 6:1-8** "Take heed that you do not do your charitable deeds before men, to be seen by them. Otherwise you have no reward from your Father in heaven. Therefore, when you do a charitable deed, do not sound a trumpet before you as the hypocrites do in the synagogues and in the streets, that they may have glory from men. Assuredly, I say to you, they have their reward. But when you do a charitable deed, do not let your left hand know what your right hand is doing, that your charitable deed may be in secret; and your Father who sees in secret will Himself reward you openly. NIV "And when you pray, you shall not be like the hypocrites. For they love to pray standing in the synagogues and on the corners of the streets, that they may be seen by men. Assuredly, I say to you, they have their reward. But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly. And when you pray, do not use vain repetitions as the heathen do. For they think that they will be heard for their many words. "Therefore do not be like them. For your Father knows the things you have need of before you ask Him. NIV
- **Galatians 1:10** For do I now persuade men, or God? Or do I seek to please men? For if I still pleased men, I would not be a bondservant of Christ.
- **Galatians 2:12-13** Before certain men came from James, he used to eat with the Gentiles. But when they arrived, he began to draw back and separate himself from the Gentiles because he was afraid of those who belonged to the circumcision group. The other Jews joined him in his hypocrisy, so that by their hypocrisy even Barnabas was led astray. NIV



## Easily Offended scriptures

- **Proverbs 18:19** A brother offended is harder to win than a strong city, And contentions are like the bars of a castle.
- **Proverbs 19:11** The discretion of a man makes him slow to anger, And his glory is to overlook a transgression.
- **Luke 7:23** And blessed is he who is not offended because of Me.
- **Mark 6:3** Is this not the carpenter, the Son of Mary, and brother of James, Joses, Judas, and Simon? And are not His sisters here with us?" So they were offended at Him.
- **John 6:43** But Jesus replied, "Stop complaining about what I said". NLT
- **1Corinthians 10:10** And don't grumble as some of them did, and then were destroyed by the angel of death. NLT
- **Matthew 24:10** And then many will be offended, will betray one another, and will hate one another.
- **Matthew 11:6** And blessed is he who is not offended because of Me.
- **Galatians 4:16** Have I therefore become your enemy because I tell you the truth?
- **Philippians 1:9-10** And this I pray, that your love may abound still more and more in knowledge and all discernment, that you may approve the things that are excellent, that you may be sincere and without offense till the day of Christ.

## Dependent scriptures

- **2 Thessalonians 3:8** Nor did we eat anyone's bread free of charge, but worked with labor and toil night and day, that we might not be a burden to any of you.
- **Ephesians 4:14-15** That we should no longer be children, tossed to and fro and carried about with every wind of doctrine, by the trickery of men, in the cunning craftiness of deceitful plotting, but, speaking the truth in love, may grow up in all things into Him who is the head—Christ.
- **Philippians 2:12-13** Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling; for it is God who works in you both to will and to do for His good pleasure.
- **Philippians 1:3-6** I thank my God upon every remembrance of you, always in every prayer of mine making request for you all with joy, for your fellowship in the gospel from the first day until now, being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ.



## Avoiding scriptures

- **Genesis 3:8** And they heard the sound of the Lord God walking in the garden in the cool of the day, and Adam and his wife hid themselves from the presence of the Lord God among the trees of the garden.
- **Luke 22:34** Then He said, "I tell you, Peter, the rooster shall not crow this day before you will deny three times that you know Me."
- **Ephesians 4:15** But, speaking the truth in love, may grow up in all things into Him who is the head — Christ.
- **Matthew 5:37** But let your 'Yes' be 'Yes,' and your 'No,' 'No.' For whatever is more than these is from the evil one.
- **Mark 9:33-34** Then He came to Capernaum. And when He was in the house He asked them, "What was it you disputed among yourselves on the road?" But they kept silent, for on the road they had disputed among themselves who would be the greatest.
- **Mark 4:17** And they have no root in themselves, and so endure only for a time. Afterward, when tribulation or persecution arises for the word's sake, immediately they stumble.
- **Mark 14:29** Peter said to him, "Even if everyone else deserts you, I never will."
- **Gen 18:15** But Sarah denied it, saying, "I did not laugh," for she was afraid. And He said, "No, but you did laugh!"
- **Daniel 10:7** And I, Daniel, alone saw the vision, for the men who were with me did not see the vision; but a great terror fell upon them, so that they fled to hide themselves.